

Why you should choose Green Light Laser instead of TURP*

What is Green Light Laser PVP?

A high powered laser destroys surplus prostate tissue without harming other healthy tissue. In this way, an enlarged prostate that is blocking the bladder can be opened up. The laser vaporises excess tissue using safe and precise energy pulses.

	GLL	TURP
Suitable for all BPH patients	✓	✗
Minimal blood loss	✓	✗
Day case or single night hospital stay	✓	✗
Return to normal non-strenuous activities within days	✓	✗
Minimal risk of urethral damage	✓	✗
Minimal risk of 'TUR' syndrome	✓	✗
Procedure complete in 60–90 minutes	✓	✓
Immediate urine flow improvement	✓	✓



“Green Light Laser therapy has transformed the treatment of the enlarged prostate, offering many benefits for patients. It will take over from TURP as the treatment of choice.”

Consultant Urologist
Alan Doherty
Medical Director
Birmingham Prostate Clinic

The Birmingham Prostate Clinic is the first in the West Midlands to introduce Green Light Laser therapy and has now undertaken more than 50 cases

* Trans-Urethral Resection of the Prostate



**BIRMINGHAM
PROSTATE CLINIC**

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John Williams, aged 61, had Green Light Laser treatment in July 2006.

“I had to have a catheter in for four months following radiotherapy. Living for so long with a catheter was very distressing.

“My brother had a TURP 18 months earlier. He was in hospital for five days and then at home very poorly for another two weeks.

“Green Light Laser was a completely painless experience. The night after my operation, I passed water normally for the first time in four months. I was absolutely elated. Mr Doherty told me I was fine and we went home to get back to our lives.

“I was able to get back to work quickly and have had no problems at all. Green Light Laser is fantastic – I would recommend it to everyone.

“Knowing my brother’s experience of TURP, I don’t understand why they are still doing this operation when they have Green Light Laser which is fantastic for patients. This has got to be the way forward.”



Glyn Wootton had Green Light Laser treatment in September 2006.

“I developed an infection while being treated for a lymphoma. I was then left for a full two year period on the antibiotic Ciprofloxacin, which kept the infection, *Pseudomonas*, at bay but did not eradicate it. If I came off the antibiotics, I was left in terrible pain.

“I knew about the TURP operation from a previous stay in hospital. It looked miserable, seeing tubes carrying blooded urine as the patient recovered slowly in hospital.

“Green Light Laser was a relief in every way. There was nothing more than a degree of soreness immediately after the operation, but it didn’t confine me in any way. I was able to get up and move around quite comfortably – no catheter, no tube, no bag.

“I remember how my father lived in dread of the prostate operation, knowing that he would need to have surgery one day. Green Light Laser has got to be the type of prostate operation you want – there is literally nothing to it.”

The operation successfully treated a painful infection which Mr Wootton had endured for two years.

Birmingham Prostate Clinic provides services at the BMI Priory Hospital, Edgbaston, BUPA Parkway in Solihull and BUPA Little Aston in Sutton Coldfield.

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